

About Us

Urban Chiropractic provides convenient and effective care in a friendly and supportive environment. As one of the most advanced chiropractic practices in Jersey City, we use the latest techniques and equipment to diagnose and relieve your pain. Our expert chiropractic team will develop a multimodal treatment plan that is customized to your unique needs and goals. We're committed to restoring your quality of life!



Meet Our Provider



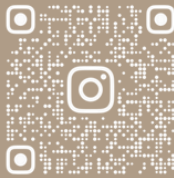
Dr. Barjeta Balidemaj

- Northwestern Health Sciences University D.C. graduate
- Tailored treatments for patients' injuries and chronic pain
- Evidence-based techniques for lasting relief



"I couldn't sleep, walk, or ever be comfortable. I was in pain all the time even when I was sitting. Now I can finally workout without pain. Making an appointment at the hospital would take months but Urban Chiropractic saw me right away and I felt brand new the next day. I am very happy with this practice and give them 5 stars out of 5."

Instagram



@URBANCHIROS

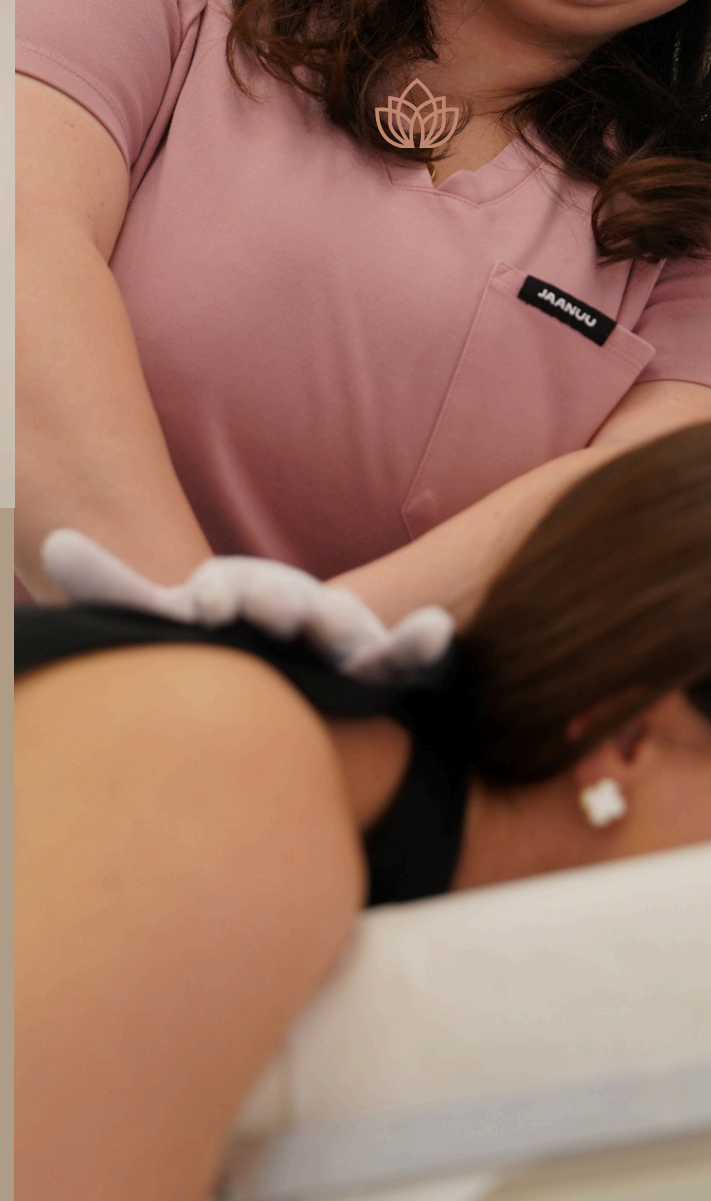
Website



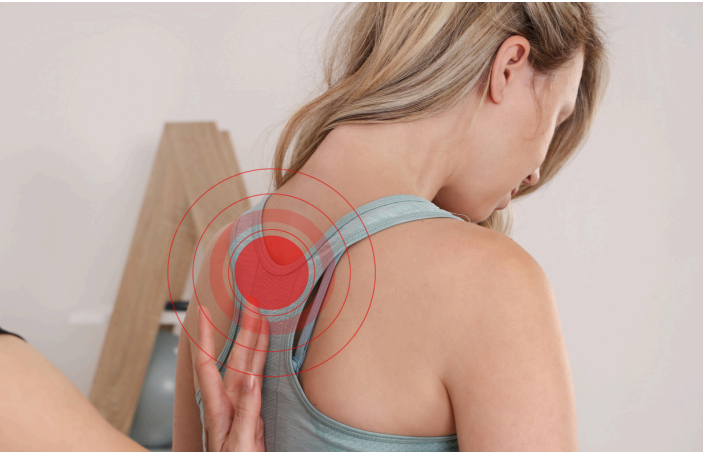
TikTok



- 📞 (908) 998-4277
- ✉ info@urbanchiros.com
- 🌐 www.urbanchiros.com
- 📍 100 Town Square Pl, STE 405, Jersey City, NJ 07310



www.urbanchiros.com
(908) 998-4277





Eliminate Your Pain

Enhance your quality of life with effective chiropractic care. Our expert team includes talented chiropractors from the top chiropractic schools in the nation. With a patient-centric approach, we can help you eliminate pain fast. Call us today to schedule an appointment.

Our multimodal treatment plans include:

- Spinal Manipulation
- Soft Tissue Therapy
- Electrical Stimulation
- Ice and Heat Therapy
- Manual Traction
- Nutritional Counselling
- Postural Education
- Post Injury Rehabilitation



Rapid Pain Relief

Alleviate pain and enhance your quality of life



Expert Chiropractors

Talented chiropractors with extensive experience



Specialized Treatments

Custom treatment plans to meet the needs of each patient

We treat a variety of conditions including:

- Low back pain
- Upper back pain
- Neck pain
- Sciatica
- Shoulder pain
- Knee pain
- Migraines
- Work/sports/auto injuries